



Founded in 1885 to Promote Fast and Long Distance Riding on the Great North and other roads

North Road CC "Hardriders" 25

Incorporating Round One of the London North Millennium Trophy

'Promoted for and on behalf of Cycling Time Trials under their Rules & Regulations'

Course F7/25 Revised

Sunday 28th February 2016

Timekeepers: Mr G Hart
Mr M Bannister

Event Organiser: Neil Lewis
40 Old Rd
East Peckham
Tonbridge
TN12 5ET
01622 872546
07852 237499 (on day)

Northroadcc-hardriders2016@yahoo.co.uk

Awards

Fastest rider to hold the Thistle Trophy for one year

1 st	£300	6 th	£50
2 nd	£200	7 th	£40
3 rd	£100	8 th	£30
4 th	£75	9 th	£20
5 th	£60	10 th	£10

1st Woman £100

2nd Woman £75

1st Jun/Juv £30

2nd Jun/Juv £15

1st Vet on Target £30

3rd Vet on Target £10

2nd Vet on Target £20

1st Team of three £30 each

One rider- one prize, except team prizes

Event Headquarters:

Queenswood School, Shepherds Way, Brookmans Park

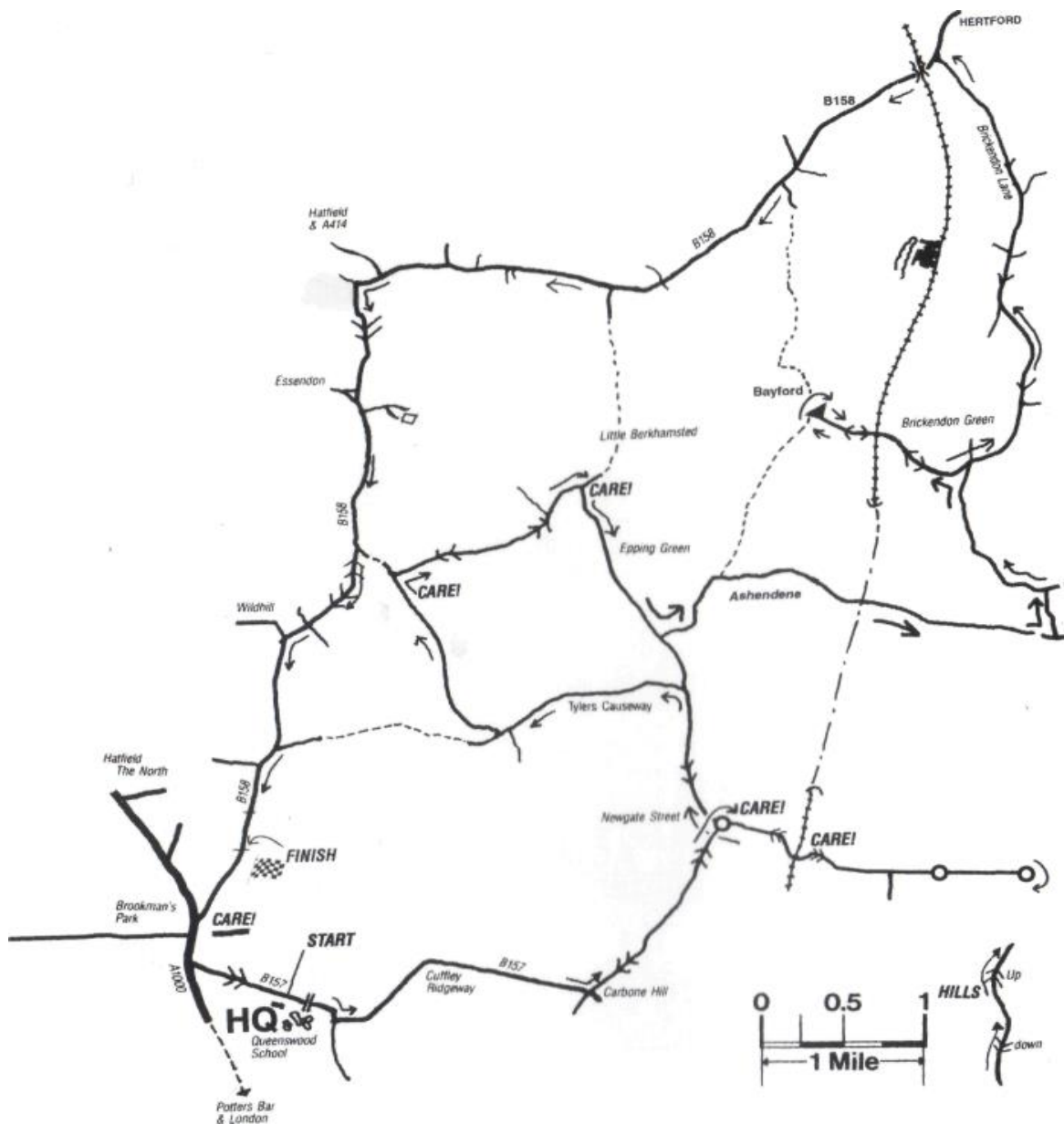
Hatfield, Hertfordshire. AL9 6NS.

Directions to HQ; From Potters Bar take A1000 north towards Hatfield. At Brookmans Park turn right at traffic lights into Shepherds Way, B147 (signposted Queenswood).

Queenswood School is at the top of the hill. Follow signs to car park.

The HQ will open at 7am with signing on from approx 7:15am

Please park only in the designated car park. Please do not proceed past the cones on the access road to the pavilion, this is to be kept clear.

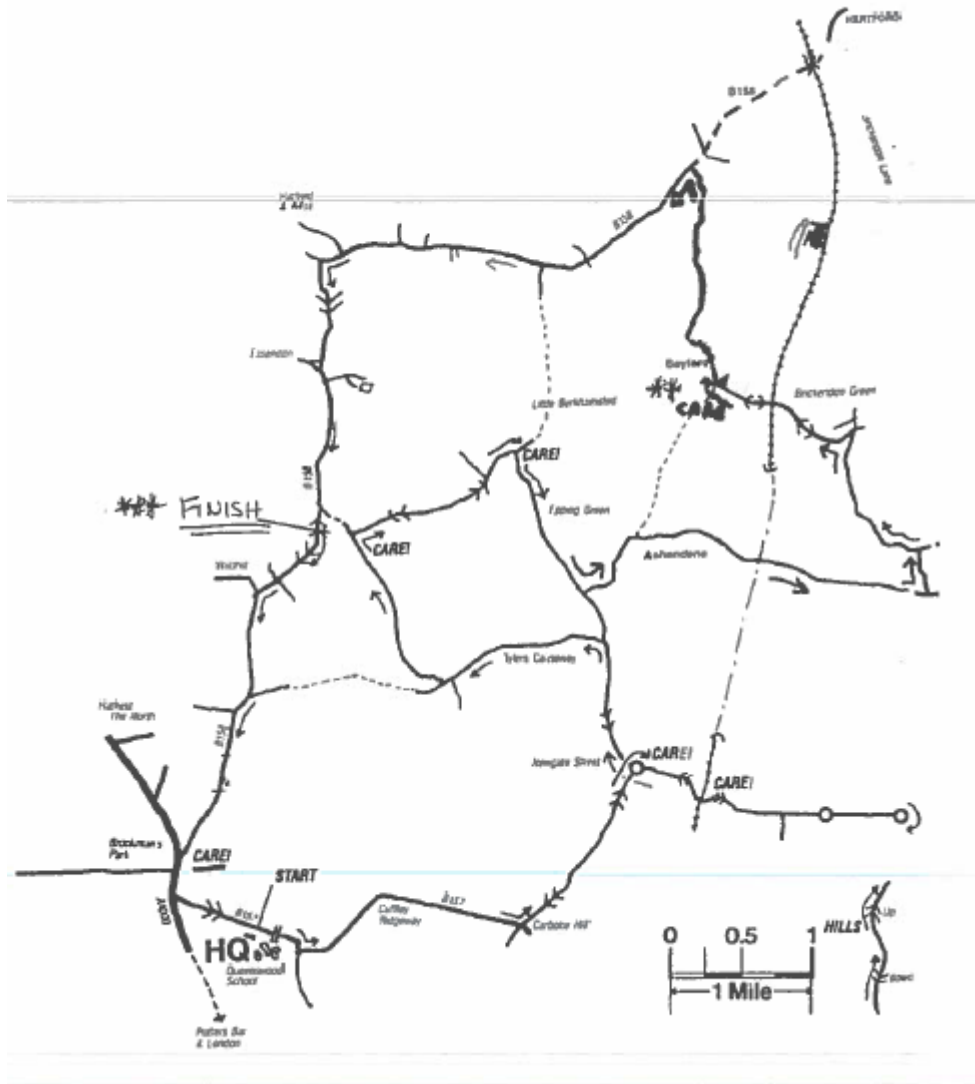


START on the B157 approximately half a mile to the east of the junction with the A1000 - 50 yards east of Ramsey Close at a field gate on the north side of the road. A white line marks the spot. Proceed east to junction with Cuffley Ridgeway, B157, where turn LEFT (M). continuing on B157 to junction with Carbone Hill, a cross roads where turn LEFT (M) Proceed to Newgate where at mini RAB turn RIGHT, east, in the direction of Hammond Street (M). At 2nd RAB TURN (M) and retrace to Newgate Street mini RAB (M) to proceed STRAIGHT and immediately bear RIGHT. In approx one mile Turn LEFT into Tylers Causeway (M). Take first RIGHT sign posted Essendon (M) Then at Cucumber Hall turn Sharp RIGHT (M) to Little Berkhamstead where turn RIGHT (M). Proceed to Epping Green where at White Stubbs Lane turn LEFT (M). Follow White Stubbs Lane keeping RIGHT at Ashendene (M) to Pembridge Lane where turn LEFT (M). In 200 yards turn LEFT (M) to Brickendon Green. At "T" Junction turn sharp LEFT (M). Proceed via Bayford Station to Bayford where TURN ** at junction complex keeping LEFT to circulate the junction in a clockwise direction (M) to retrace to Brickendon Green (M). Keep STRAIGHT on Brickendon Lane to Hertford where at junction with B158 turn LEFT (M). ** Follow B158 through Essendon and Wild Hill to:- *** FINISH on B158 at a point opposite gateway on right hand side of road approx 600 yards north of junction with A1000. A white line on the gatepost marks the spot.

***** The below are course alterations that could be in effect on the morning due to roadworks. *****

** To turn RIGHT at junction (M) CARE to join Well-Row leading into Bayford Lane. At Junction with B158 (M) turn LEFT **

*** To finish at a point opposite farm gate on right hand side approx 100m past junction of B158 and Cucumber Lane



	Name	Club		
20	Christopher Symonds	North Road CC	V	08:20
21	Jamie Stokes	Islington CC	V	08:21
22	David Price	North Bucks RC	V	08:22
23	Simon Oxley	Rapha Cycling Club		08:23
24	Philip Eaves	London Phoenix CC		08:24
25	Paul French	Bedfordshire Road CC	V	08:25
26	Michael Atkinson	North Road CC		08:26
27	Chris Jones	Icknield RC		08:27
28	Hugo Evans	North Road CC		08:28
29	Harold Bradbury	NFTO Race Club		08:59
30	Dominic Bray	Finsbury Park CC	V	08:30
31	Jim Armshaw	Islington CC		08:21
32	Graham Ricketts	Verulam CC	V	08:32
33	John Field	Bossard Whs	V	08:33
34	Marcus Fink	Regents Park Rouleurs	V	08:34
35	Andrew Turnock	Finsbury Park CC	V	08:35

36	Nigel Wilson	Hitchin Nomads CC	V	08:36
37	Richard Poynter	London Phoenix CC		08:37
38	George Brisco	CC London	V	08:38
39	Andrew Burns	Southgate CC	V	08:39
40	Jamie Dredge	Regents Park Rouleurs		08:40
41	Andrew Ames	Southgate CC		08:41
42	Joshua Vinden	Hemel Hempstead CC		08:42
43	David Morgan	Icknield RC	V	08:43
44	Graham Irvine	London Phoenix CC	V	08:44
45	Andrew Digby	Welwyn Whs		08:45
46	David Ravenhill	Newbury RC	V	08:46
47	Paul Riley	Hitchin Nomads CC	V	08:47
48	Daniel Diaz	CC London		08:48
49	Gregory Smith	Finsbury Park CC	V	08:49
50	Matija Ilic	Regents Park Rouleurs		08:50
51	Robert Barrett	High Wycombe CC	V	08:51
52	John Saysell	North Road CC	V	08:52
53	Martin Webb	Icknield RC	V	08:53
54	Angus Fisk	Oxford University CC		08:54
55	Desmond Gayler	Kenton RC	V	08:55
56	Michael Briars	Finsbury Park CC	V	08:56
57	Daniel Homer	London Phoenix CC	V	08:57
58	Andy Cook	Chippenham & Dist. Whs	V	08:58
59	James Cocker	VC Venta	V	08:59
60	Gary Kristensen MBE	Kassei CC TeknoFuel	V	09:00
61	James Leek	Southgate CC		09:01
62	Jeremy Greenwood	Finsbury Park CC	V	09:02
63	Gareth Davies	London Phoenix CC	V	09:03
64	Anthony Jarrett	Finsbury Park CC		09:04
65	Colin Bailey	North Road CC		09:05
66	Owen Wilkins	London Phoenix CC	V	09:06
67	Andrew Jarratt	Southgate CC		09:07
68	Tom Haines	East London Velo		09:08
69	Joe Kiely	Welwyn Whs	J	09:09
70	Jody Conibear	Hemel Hempstead CC	W	09:10
71	Jamie Wimborne	Watford Velo Sport	J	09:11
72	Lauren Higham	Welwyn Whs	WJ	09:12
73	Hayley Oates	Hemel Hempstead CC	W	09:13
74	Jennifer Lake	CC Luton	W	09:14
75	Michael Parry	Welwyn Whs	J	09:15
76	Christine Pout	Verulam CC	WV	09:16
77	Oliver Stockwell	Welwyn Whs	J	09:17
78	Rachael Cottier	London Phoenix CC	W	09:18
79				09:19
80	Felix Barker	Cambridge University CC		09:20
81	George Fox	King's Cliffe Flyers		09:21
82	Mike Jackson	CC Luton	V	09:22
83	Michael Parker	TMG Horizon Cycling Team	V	09:23
84	Phil Hersey	Eagle Road Club	V	09:24
85	Gray Turnock	Finsbury Park CC	V	09:25

86	James Fox	CC Luton	V	09:26
87	Philip Murrell	Finsbury Park CC	V	09:27
88	Paul Sexton	VC Norwich		09:28
89	Frank Rawlins	North Road CC	V	09:29
90	Rhys Howells	Richardsons - Trek RT		09:30
91	Gavin Lewis	North Road CC		09:31
92	Kristian Woolf	King's Cliffe Flyers		09:32
93	Steve Torley	Team Milton Keynes		09:33
94	Jon Friend	Bedfordshire Road CC	V	09:34
95	Sebastian Dickson	Thanet RC		09:35
96	Julian Elliott	Finsbury Park CC	V	09:36
97	Richard Golding	Equipe Velo	V	09:37
98	Jobe Usher	North Road CC		09:38
99	Keith Stockwell	Welwyn Whs	V	09:39
100	Conall Yates	In-Gear Quickvit Trainsharp RT		09:40
101	Lloyd Chapman	Pedal Heaven RT		09:41
102	Christian Yates	East Grinstead CC	V	09:42
103	Matthew Bond	Kenton RC		09:43
104	Chris Tye	Plomesgate CC	V	09:44
105	Douglas Coleman	CC Luton		09:45
106	Tim Davies	Icknield RC	V	09:46
107	Mark Ellis	Team Milton Keynes	V	09:47
108	Nick Hickman	Hitchin Nomads CC	V	09:48
109	Iain Boardman	Dulwich Paragon CC	V	09:49
110	Joe Fry	Pedal Heaven RT		09:50
111	Tejvan Pettinger	Sri Chinmoy Cycling Team		09:51
112	Neil Hornett	PMR @ Toachim House		09:52
113	Roy Chamberlain	Team Corley Cycles	V	09:53
114	John Mulvey	Cambridge University CC		09:54
115	Liam Maybank	Twickenham CC	V	09:55
116	Peter Oliver	Fairly United Cycling Team	V	09:56
117	Anton Blackie	Rapha Cycling Club		09:57
118	Carl Ferri	Cadence Performance	V	09:58
119	Steffen Verbist	London Phoenix CC		09:59
120	Ashley Cox	CC Luton		10:00

****Please note** All under 18's entered via Internet Entry need to bring signed consent forms when signing on.**

Local Regulations:

Local Regulation No. 1 - No U turns should be made in sight of the start or finish areas while riding on the public highway.

Local Regulation No. 3 - No cars other than that of the timekeeper(s) and other event officials are to be parked in the vicinity of the start or finish points.

.....

IN THE INTERESTS OF YOUR SAFETY

The course runs mostly on unclassified roads, the surface of which is poor in many places and there are many fast descents which are slippery when wet.

*******Watch out for and give room to pedestrians and and give appropriate notice to equestrians when passing.*******

Please also be aware that the course uses roads which can be busy with local traffic.

**NEGOTIATING ROUNDABOUTS - Give priority to traffic from your right.
Signal clearly to other road users the course you intend to take.**

Safety - not your performance - is the first priority.

Cycling Time Trials and the event promoters strongly advise you to wear a HARD SHELL HELMET that meets an internationally accepted standard.

In accordance with Regulation 15 ALL JUNIOR competitors must wear Protective Hard Shell Helmets.

It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position visible to following road users and is active whilst the machine is in use.

If the weather should be inclement, please consider race clothing appropriate for the conditions.

Riders and spectators must not approach the time keepers, or congregate near the finish area. Please avoid parking on the course, especially near the finish area.

The North Road CC wishes all riders a safe and successful ride. Please keep your head up at all times. Marshalls will be stationed at points where there is a change of direction, but the final responsibility for keeping on course remains with the rider. A study of the course details or even better a ride over the course will pay dividends.

Observers both stationary and mobile will be present and any infringement of regulations will be reported.

Good luck and a safe ride